COMPENSATION RESOURCES

**Employment and labor laws**

Information and links on wages, overtime, and other laws

<http://www.sba.gov/content/employment-labor-law>

IRS guidance on employment taxes

http://www.irs.gov/businesses/small/article/0,,id=172179,00.html

IRS guidance on employee vs independent contractor status

[http://www.irs.gov/businesses/small/article/0,,id=99921,00.html](http://www.irs.gov/businesses/small/article/0%2C%2Cid%3D99921%2C00.html)

DOL guidance on health benefits laws

<http://www.dol.gov/elaws/ebsa/health/employer/R1.htm>

**Pay and salary data**

National pay survey data with local information links

<http://stats.bls.gov/ncs/>

BLS Wages by Area and Occupation

<http://www.bls.gov/bls/blswage.htm>

And specifically for Virginia:

<http://stats.bls.gov/oes/current/oes_va.htm#b25-0000>

Labor market information

<http://www.myskillsource.org/home/business_labor.shtml>

**Benefits**

MetLife’s Survey of Employee Benefits Trends

http://www.metlife.com/business/insights-and-tools/benefits-trends/index.

html

Kaiser Foundation Benefits Survey

<http://ehbs.kff.org/>

Training and information on insurance issues

<http://www.insureuonline.org/smallbusiness/>